















sun	mon	tue	wed	thu	fri	sat
Gardening Club · Sewing Club · Craft work Club Music Time · Reading Time are voluntary activities by DROP users. Anyone is welcome to join!		1 closed	2 closed	3 closed	4	5 
6 closed	7 closed	8 Reading Time 10:30 ~ 12:00	9  Gardening Club 10:00 ~ 12:00	10	11	12  Music Time 13:30 ~ 15:00
13 closed	14 closed	15 "Iroenpitsu" Bread Sale 12:00 ~ 12:30 Craft work Club 10:30 ~ 12:00	16 	17  International Mum's Lunch Meeting 12:00 ~ 14:00	18 	19 
20 closed	21 closed	22 	23  Music Time 11:00 - 12:00 13:30 - 15:00	24 	25  Sewing Club 10:00 ~ 12:00	26 
27 closed	28 closed	29 	30	31  "Iroenpitsu" Bread Sale 12:00 ~ 12:30		



Health Support at Kohoku Ward Office

- 4 month old health checkup - 1/11,18,25 (8:45 ~ 9:45)
- ★ 1.6 year old health checkup - 1/10,17,31 (12:45 ~ 13:30)
- ◆ 3 year old health checkup - 1/8,15,29(12:45 ~ 13:30)
- ♥ Lactation Counseling - Reservation necessary, Japanese only

Contact: 045-540-2340

DROP Counseling

(Discussing with a professional individually)

1/9 (Wed) 13:00-15:00
1/16 (Wed) 13:00-15:00
1/18 (Fri) 9:30-13:30
1/19 (Sat) 10:00-12:00
1/22 (Tue) 10:00-12:00
1/25 (Fri) 9:30-11:30



Kurumi Salon

(Reservation necessary)

Let's talk about raising kids with the midwife and other mums.

1/24 (Thu) 10:30 ~ 12:00



'Iroenpitsu' Bread Sale

Don't miss it!

1/15(Tue), 31(Thu) 12:00 ~ 12:30



DROPPA

1. Daddy's Gathering

Gathering for dads. Come and join us!

1/5 (Sat) 10:30-12:00



Programs

Twins and Triplets' Meeting 1/12 (Sat) 10:00-12:00

Mama Café Oka-cha-n 1/15 (Tue) 14:00-
Tea time for mums (presented by our volunteer staff).

International Mum s Lunch Meeting 1/17(Thu) 12:00-14:00
Let's have cross-cultural lunch time! Bring your lunches.

Labor Meeting 1/19(Sat) 14:00-15:00
A Discussion for Mums who are thinking about working. Let's exchange information about nursery school and how to get started. Please contact staff for details. (Reservation necessary)

Mum to be Café 1/19 (Sat) 10:00-12:00
Talk with mums for information about DROP. Please contact staff for details. (Reservation necessary)

Outing with Playing Meister 1/23 (Wed) 13:30-15:00
Let's play in sandpit with Ms.Shirataki @Drop

■Play Time 1/29 (Tue) 11:30-12:00
Fun singing and dancing with volunteer staff!

If you have any inquiry or need language support please contact us at...

【TEL】 045-540-7420

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